

WHAT SHOULD I PRAY

When I am angry?



Lord God,

I pray that I will become wise and learn to hold back my temper. **"A fool always loses his temper, but a wise man holds it back"** Proverbs 29:11.

Help me not go to bed with anger in my heart. **"Do not let the sun go down on your anger"** Ephesians 4:26.

Cause me to put aside anger and wrath from my life. **"But now you also, put aside anger and wrath"** Colossians 3:8.

May I be the kind of person who is understanding and slow to anger. **"He who is slow to anger has great understanding"** Proverbs 14:29.

Give me strength to turn away from anger and seek the righteousness of God. **"For the anger of man does not achieve the righteousness of God"** James 1:20.

Help me not to be the kind of person who causes conflict. **"An angry man stirs up strife"** Proverbs 29:22.

I pray that my anger will not become sin. **"Be angry, and yet do not sin"** Ephesians 4:26.

Teach me to be careful of my words so that I do not stir up anger in other people. **"A harsh word stirs up anger"** Proverbs 15:1.

Help me not to hold anger in my heart. **"Do not be eager in your heart to be angry"** Ecclesiastes 7:9.